We worship you, O Christ, because for our sake
 you laid aside your power and glory
 and clothed yourself in the garment of our humanity,
 to live in poverty here on earth
 and to suffer death upon the cross.
 Teach us the lesson of your humility,
 and empty our lives of all pride and selfishness,
 that we may find our joy and fulfilment
 in serving others in your name and for your sake.
 Amen. *Frank Colquhoun*

 Remember, O Lord, what you have begun in us,
 and not what we deserve:

 and as you have called us to your service,
 make us worthy of that calling;
 through Jesus Christ our Lord. Amen. *St Leo the Great*

 O come to my heart, Lord Jesus;
 there is room in my heart for thee. *Emily E.S. Elliot*

Almighty and everlasting God,

 you hate nothing that you have made

 and forgive the sins of all those who are penitent:

 create and make in us new and contrite hearts

 that we, worthily lamenting our sins

 and acknowledging our wretchedness,

 may receive from you, the God of all mercy,

 perfect remission and forgiveness;

 through Jesus Christ your Son our Lord,

 who is alive and reigns with you,

 in the unity of the Holy Spirit,

 one God, now and for ever. Amen. *Collect for Ash Wednesday*

 Father,
 I abandon myself into your hands;

 do with me what you will.

 Whatever you may do, I thank you:

 I am ready for all, I accept all.

 Let only your will be done

 in me and all your creatures –

 I wish no more than this, O Lord.

 Into your hands I commend myself

 with all the love of my heart,

 for I love you, Lord,

 and so need to give myself,

 to surrender myself

 into your hands without reserve,

 and with boundless confidence,

 for you are my Father. *Charles de Foucauld*

 Gracious Father,

 whose blessed Son Jesus Christ came down from heaven

 to be the true bread which gives life to the world:

 evermore give us this bread,

 that he may live in us, and we in him;
 who lives and reigns
 with you and the Holy Spirit, one God,

 for ever and ever. Amen.

Eternal light shine into our hearts;

 eternal goodness deliver us from evil;

 eternal power be our support;

 eternal wisdom scatter the darkness of our ignorance;

 eternal pity have mercy upon us:

 that with all our heart and mind and soul and strength

 we may seek your face

 and be brought by your infinite mercy

 into your holy presence;

 through Jesus Christ our Lord. Amen. *Alcuin of York*

 Lord Jesus Christ, by your resurrection from the dead

 you have hallowed the first day of the week

 as a day of worship for your people:

 may we so die to sin and rise to newness of life

 that we may be worthy to offer up our prayers and praises

 on this and every day,

 to the honour and glory of your name.

 Amen. *Diocese of Melanesia*